

APPENDIX 1

DISTRICT-BY-DISTRICT LIST OF FOREST RESERVES IN UGANDA

Sizes are in hectares. This list is based on one in NBU (1994). Information on vegetation types was provided through consultation with various FD staff, who also made some amendments regarding the names of reserves and their areas. Some inaccuracies undoubtedly remain.

APACH DISTRICT			Luku	4043	Woodland
Aber	10	Savannah woodland	Manibe	60	Plantation
Aboke	13	Savannah woodland	Maracha	21	Plantation
Acet	256	Savannah woodland	Mbaraka	8	Plantation
Achaba	3	Savannah woodland	Mount Kei	38360	Savannah woodland
Aduku	29	Savannah woodland	Nyio	62	Plantation
Alido	6	Savannah woodland	Odrua	18	Plantation
Aloro	262	Savannah woodland	Okavu-Reru	399	Plantation
Amineke	256	Savannah woodland	Olovu	85	Plantation
Amiteng	220	Savannah woodland	Otrevu	549	Plantation
Aneneng	264	Savannah woodland	Ovujo	135	Plantation
Anyeke	5	Savannah woodland	Ozu	8	Savannah woodland
Apac	5	Savannah woodland	Ozubu	681	Savannah woodland
Apworocero	246	Savannah woodland	Suru	368	Plantation
Arweny	324	Savannah woodland	Utumbari	85	Plantation
Atura	10	Savannah woodland	Wati	764	Savannah woodland
Awinakulu	264	Savannah woodland	Yivu	49	Plantation
Chegere	8	Savannah woodland			
Gung-Gung	303	Savannah woodland	BUNDIBUGYO DISTRICT		
Gweri	155	Savannah woodland	N. Rwenzori (part)	3422	Savannah woodland
Icheme	16	Savannah woodland	(Rwenzori)	(included under Kabarole)	
Kulo-Obia	210	Savannah woodland	Semiliki	21900 (now N.P.)	High forest
Lele-Olok	215	Savannah woodland			
Maruzi	7099	Savannah woodland	BUSHENYI DISTRICT		
Nabieso	8	Savannah woodland	Kabwohe	10	
Ngai	3	Savannah woodland	Kalinzu	14126	High forest
Ngonyeboke	3	Savannah woodland	Kasyoha-Kitomi	39900	High forest
Obet	145	Savannah woodland	Koga	8	
Ojwiting	269	Savannah woodland	Kyamuhunga	8	
Opit (part)	1593	Savannah woodland	North Maramagambo	29127	High forest
Otwal	5	Savannah woodland			
Palango	10	Savannah woodland	GULU DISTRICT		
ARUA DISTRICT			Abera	1191	Softwood/savannah
Ajupane	47	Eucalyptus plantation	Amuka	1101	Savannah woodland
Arua	236	Eucalyptus plantation	Anaka	3	Savannah grassland
Ave	777	Eucalyptus plantation	Bobi	5	Savannah woodland
Barituku	155	Bamboo (encroached)	Got-Gweno	2310	Savannah woodland
Enjeva	738	Savannah woodland	Gulu	93	Eucalyptus plantation
Enyau	401	Eucalyptus plantation	Gwengdiya	171	Savannah woodland
Eruba	8	Plantation	Keyo	759	Savannah woodland
Ezuka	18	Plantation	Kilak	10205	Savannah
Giligili	31	Plantation	Koich-Goma	5	Savannah woodland
Iyi	2437	Savannah woodland	Labala	1673	Savannah woodland
Kadre	785	Savannah woodland	Lagute	332	Savannah woodland
Kafu	2600	Savannah woodland	Lukodi	163	Savannah woodland
Koboko	18	Plantation	Olwal	1386	Savannah woodland
Kulua	614	Savannah woodland	Opaka	210	Savannah woodland
Kuluva	10	Plantation	Opit (part)	3509	Savannah/softwood
Laura	2764	Savannah woodland	Opok	536	Savannah woodland
Liru	497	Savannah woodland	Wiceri	6470	High forest
Lodonga	106	Savannah woodland	HOIMA DISTRICT		
Logiri	16	Plantation	Budongo (part)	637	High forest
Lokiragodo	117	Plantation	Bugoma	36500	High forest/grassland
Ludara	5	Plantation	Bujawe	4869	Savannah woodland
Guramwa	1546		Kaburukobwire	1088	
Hoima	5	Eucalyptus plantation	Kagadi	8	
Ibanda	313		Kagombe	11331	

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Kakumiro	26		Mafuga	3699	Softwood/montane forest
Kamaga	650		forest		
Kasato	2691		Mgahinga gorilla	3200 (now N.P.)	Montane forest forest/moorland
Kibale	3				
Kihaimira	572		Muko	168	Softwood plantation
Kijubya	34	Eucalyptus plantation			
Kijuna	1225		KABAROLE DISTRICT		
Kyamurangi	417		Buhungiro	1020	High forest
Mpanga	554		Butebe	8	Eucalyptus plantation
Muhunga	399		Butiti	3	Eucalyptus plantation
Mukihani	3619		Fort Portal	65	Eucalyptus plantation
Nakuyazo	342		Ibambaro	3724	High forest
Nandanda-Nsoby	2556		Itwara	8638	High forest
Nyabigoye	495		Kagorra	2448	Softwood plantation
Nyabika	355		Kahunge	5	Eucalyptus plantation
Nykatongo	3535		Kakasi	800	High forest
Rukara	456		Kasenda	2574	High forest (encroached)
Ruzaire	1160				
Rwengeye	329		Katente	5	Eucalyptus plantation
Wambabya	3350	High forest	Kibale	55800 (now N.P.)	High forest (part encroached)
IGANGA DISTRICT			Kibegu	1269	High forest
Budunda	106 (not yet gazetted)	Savannah	Kikumiro	730	Softwood plantation
Bugaali	117 (not yet gazetted)	Savannah	Kisangi (part)	1288	High forest
Bugiri	16	Eucalyptus plantation	Kitechura	5317	High forest
Bukaleba	4686	Softwood plantation/savanna	Kyehara	482	Softwood plantation
Bulyabwita	5	Cassia plantation	Matiri	5431	High forest
Bunafu	28	Cassia plantation	Mpara	3	Eucalyptus plantation
Busembatya	16	Eucalyptus plantation	Muhangi	2044	High forest
Buwola	28	Cassia plantation	Nkera	790	High forest
Buyenvu	622	Savannah	N. Rwenzori (part)	243	Savannah woodland
Igwe	1080	Savannah	Nyakinoni	5	Eucalyptus plantation
Irimbi	298	Savannah	Nytungo	5	Eucalyptus plantation
Iziru (part)	304	Savannah	Oruha	347	Softwood plantation
Luvunya	844 (not yet gazetted)	Savannah	Rwensambya	671	High forest
Nabukolyo	31	Savannah	Rwenzori	99600 (incl. Bundib. section; now N.P.)	
Namafuma	108	Softwood plantation	KALANGALA DISTRICT		
Nawaikona	13	Plantation	Banga	184	High forest
Nsize	13	Maesopsis plantation	Bufumira	247	High forest
Siavona	124 (not yet gazetted)	Savannah	Buga	285	High forest
South Busoga	16382	Savannah woodland	Bugana	153	High forest
Wakatanga	47	Eucalyptus plantation	Bukone	130	High forest
Walugogo	34	Plantation	Bunjazi	80	High forest
Walulumbu	109	Savannah	Busowe	1716	High forest
JINJA DISTRICT			Buturume	181	High forest (encroached)
Busegula	47		Buziga	98	High forest
Butamira	1257		Funve	181	High forest
Iziru (part)	312		Gala	894	High forest
Kagoma	277		Kamera	130	High forest (encroached)
Kamigo	36				
Kimaka	47		Kampala	124	High forest (encroached)
Lubani	453				
Matene	52		Kamukulu	5	High forest
Mutai	287		Kijogolo	300	High forest/savannah
Mwiri	142		Kitemu	60	High forest/savanna
Namasiga	484	Softwood plantation	Kubanda	207	High forest
Namavundu	704		Linga	39	Totally encroached
Namazingiri	215		Lujabwa	47	High forest (encroached)
Ngereka (part)	431				
Nile Bank	606		Lukalu	231	High forest
Nsube	878		Lutoboka	378	High forest (encroached)
KABALE DISTRICT			Luwungulu	23	High forest (encroached)
Bwindi/Impenetrable	32100 (now N.P.)	Montane forest			
Echuya	3403	Montane forest	Makoko	36	High forest/savanna
Kabale	129	Eucalyptus plantation	Mugoye	945	High forest
Mulega	80	High forest/savanna			
Namatembe	277	High forest	KAMPALA DISTRICT		
Nkasa	8	Totally encroached	Banda Nursery	3	Nursery
Nkose	117	High forest (encroached)	Nakawa	5	FD HQ
Sekazinga	3	High forest	KAMULI DISTRICT		
Tonde	65	High forest	Bulogo	8	Cassia plantation
Towa	1349	High forest	Buwaiswa	31	Eucalyptus plantation

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Kalungu	18			
Kasonke	130			
Kazoba	7423			
Kigona (part)	245			
Kigona River	120			
Kisasa	321			
Kitasi	267			
Kumbu	50			
Kyakumpi	10 (not yet gazetted)			
Kyalwamuka	3023			
Kyamazzi	4848			
Kyirira	96			
Lwengo	21			
Mabukonge	184			
Manwa	326			
Mujuzi	6079			
Mulundu	104			
Nabijoka	54			
Nakitondo	174			
Ntusi	23			
Wabitembe	298			
MASINDI DISTRICT				
Budongo (part)	81893	High forest/grassland		
Fumbya	425	Savanna		
Kaduku	583	Savanna		
Kasokwa	73	High forest		
Kasongoire	3069	Savanna		
Kibeka	9570	Savanna		
Kilebe	49	Savanna		
Kitonya	293	Savanna		
Kyahaiguru	422	Savanna		
Kyamugongo	117	Savanna		
Maseege	959	Savanna		
Masindi	39	Eucalyptus plantation		
Masindi Port	18	Eucalyptus plantation		
Musoma	16 (not yet gazetted)	Eucalyptus plantation		
Nsekuro	132	Savanna		
Nyabyeya plantation	347	Pine/eucalyptus		
Nyakunyu	466	Savanna		
Nyamakere	3898	Savanna		
Rwensama	127	Savanna		
Sirisiri	492	Savanna		
MBALE DISTRICT				
Bubulo	21	Plantation		
Bukigai	18	Plantation		
Busumbu	10	Plantation		
Kalonyi	23	Plantation		
Mbale Plantation	540	Plantation		
Mount Elgon	119200 (part in Kapchorwa; now N.P.)	Montane forest/moorland (part encroached)		
Mutufu	21	Plantation		
Lufuka	267			
Lukolo	176			
Luwafu	389			
Luwawa	300			
Lwamunda	4696			
Makokolero	104			
Mpanga	453	High forest		
Mugomba	725			
Muko	298			
Nakaga	277			
Nakalere	684			
Nakaziba	101			
Nakindiba	142			
Nalubaga	262			
Naludugavu	181			
Namanve (part)	608	Eucalyptus plantation		
Nambale	238			
Nambuga	73			
Nanfuka	334			
MBARARA DISTRICT				
Bugamba	1210		Softwood plantation	
Bwizibwera	28		Eucalyptus plantation	
Ibanda	13		Eucalyptus plantation	
Kasyoha-Kitomi	4076		High forest	
Kinoni	18		Eucalyptus plantation	
Kyahi	4090		Eucalyptus plantation	
Mbarara	164		Eucalyptus plantation	
Rugongi	5		Eucalyptus plantation	
Rwoho	9073		High forest/plantation	
MOROTO DISTRICT				
Kadam	39917		Montane forest/savanna	
Moroto	48262		Montane forest/savanna	
Napak	20316		Montane forest/savanna	
MOYO DISTRICT				
Adjumani	484		Plantation	
Ayipe	839		Grassland	
Era	7281		Grassland	
Eria			Grassland	
Itiya	166		Grassland	
Laropi			Grassland	
Lobajo	111		Plantation	
Otzi	18800		Grassland/montane	
forest				
Pakelt			Grassland	
Uze	438		Grassland	
Zoka	6480		High forest	
MPIGI DISTRICT				
Budugade	60			
Buvuma	1096			
Buwa	352			
Buzimba	21			
Degeya	249			
Gangu	1054			
Gunda	57			
Jumbi	342			
Kabulego	168			
Kabuye	153			
Kagongo	127			
Kajansi	327			
Kalandazi	137			
Kalandazi	458			
Kalangalo	337			
Kalo	78			
Kalombi	3836			
Kanjaza	332			
Kasozzi	44			
Kaswera	54			
Katabalalu	1225			
Kavunda	140			
Kinyo	259			
Kitubulu	70			
Kyansozi	704			
Kywaga	223			
Navugulu	2714			
Nawandigi	3766			
Nonve	738			
Nsowe	5097			
Sembule	44			
Semunya	330			
Tumbi	513			
Wabinyomo	246			
Wabirago	65			
Wakayenmbe	179			
Walumwanyii	399			
Wamasega	194			
Wantagalala	223			
Wantayi	238			
MUBENDE DISTRICT				
Bulondo	453		High forest	
Bumude-Nchwanga	329		Savanna	
Bwezigolo-Gunga	5263		High forest/savanna	

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Goyera	992	Savanna	Namabowe	130	
Kabindo	1474	Savanna	Namakupa	280	
Kabugeza	285	Savanna	Namanve (part)	1208	Eucalyptus plantation
Kabukira	342	Savanna	Namatiwa	1611	
Kagogo	761	Savanna	Namunyoro	85	
Kajonde	342	High forest	Namwoya	389	
Kanangalo	2642	Savanna	Nandagi	479	Plantation
Kasa	1121	Savanna	Natyonko	1435	
Kasana-Kasambya	5141	Savanna	Nawaitale	93	
Kasega	109	Savanna	Nazigo	57	Eucalyptus plantation
Kasenyi	220	Savanna	Ngogwe (Bwema)	62	
Kasolo	3331	Savanna	Nimu	344	
Katabalalu	28	Savanna	Nkongwe	311	
Kaweri	1246	Plantation	Nsese	36	
Kijwiga	256	Savanna	Olamusa	391	
Kikonda	2046	Plantation/savanna	Sozi	220	
Kisombwa	3038	Savanna	Wamala	1950	Savannah
Kitonya	780	Savanna	Yubwe	197	
Kyampisi	321		Zirimiti	935	
Lukuga	114	Softwood plantation			
Lusiba	670	Savanna	NEBBI DISTRICT		
Luwunga	9718	Savanna	Abiba	2007	
Mpinve	1810	Savanna	Agweci	127	Savannah woodland
Mubende	85	Savanna	Alui	575	
Muinaina	1062	Plantation	Awang	163	
Mukambwe	192	High forest	East Uru	477	
Musambya	746		Erusi	21	
Nakwaya	477	Softwood plantation/savanna	Lendu	1487	
			Lul Kayonga	114	
Namwasa	8104		Lul Oming	373	
Nfuka-Magobwa	1623	Savanna	Lul Opio	249	
Tala	9150	Savanna	Omier	2380	
Walugondo	161	Plantation/High forest	Usi	438	
Zimwa	834	Savannah/plantation	Wadelai	552	
			West Uru	293	
MUKONO DISTRICT					
Bajo	3373		NTUNGAMO DISTRICT		
Bira	313		Ntungamo	13	Eucalyptus plantation
Buduli	65		Rwotto	9073	Softwood/savannah
Bugomba	272		grassland		
Bugusa	243		PALISSA DISTRICT		
Bukaibale	1137		Goligoli	44	
Buloba	269		Jami	13	
Buluku	300		Kabuna	31	
Buuka	308		Kanginima	16	
Buwanzi	458		Lumuto	93	
Izinga Island	104		Odurata	88	
Kafumbi	365		Sala	316	
Kakonwa	743		RAKAI DISTRICT		
Kalangala Falls	104		Sango Bay	15100	High forest/swamp
Kande	249		forest/grassland		
Kasala	298		RUKUNGIRI DISTRICT		
Kasulo	57		Bwambara	32	Eucalyptus plantation
Kerenge	73		Ihimbo	456 (+ 110 proposed)	High forest/savannah
Kifu	1419		Kabisoni	7 (not yet gazetted)	Plantation
Kifunve	197		Kagogo	5	Plantation
Kirigye	57		Kaniabizo	41 (not yet gazetted)	Plantation/savannah
Kisakombe	220		Kihihi	36	Eucalyptus plantation
Kisisita	741		Kyantuhe	205	Savannah/plantation
Kiula	2147	Savannah	Mburamaizi	497 (not yet gazetted)	Savannah/plantation
Kizinkuba	648		Rukungiri	26	Plantation
Koja	231		Rushaya	31 (not yet gazetted)	Plantation
Koko	246		Rwengiri	155	Eucalyptus plantation
Kuzito	158		South Maramagambo	15175	High forest
Kyampisi-Bulijjo	371 (not yet gazetted)		SOROTI DISTRICT		
Lukole	383		Achuna	166	
Mabira	29954		Achwali	376	
Mala Island	3		Alungamisimosi	4646	
Mawanga	10		Amorokini	91	
Mwola	629		Ananamana	43 (not yet gazetted)	
Nabanga	477		Angutewere	280	
Nakalanga	1598		Anyara	171	
Nakasenyi	21	Eucalyptus plantation			
Nakiza	673				
Nakunyi	111				
Namaanyi	456				

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Asuret	57	Sambwa	282	
Atigo	938	Soroti	135	
Bugombo Hill	1033			
Bululu Hill	425	TORORO DISTRICT		
Dakabera	199	Achilet	16	Plantation
Jerere	83	Apokoli	21	
Kabola	36	Monikakinei	163	Savannah/moist forest
Kachogogweno	404	Mudakoli	34	Plantation
Kagwara	370	Nagongera 1	63	Plantation
Katakwi	30 (not yet gazetted)	Nakwiga	111	
Kateta	166	Sitambogo	650	Savannah
Kidetok	10	Tebakoli	23	
Kyere	13	Tororo	369	Plantation
Lemutome	177	West Bugwe	3054	Savannah/moist forest
Madoci	368			
Obule	36	??		
Ochomai	243	Alito	16	
Ochomil	267	Awebo	10	
Odudui	197	Ayami	329	
Ogata-Akimega	526	Ayer	21	
Ogera Hill	427	Ayito	231	
Ogwara	10	Ilera	158	
Omodoi	67	Telwa	339	
Onyurutu	158			
Pigire	658 (not yet gazetted)			

APPENDIX 2

SOME EDIBLE WOODY PLANTS FOUND IN UGANDA

The following list has been compiled from Peters, O'Brien and Drummond (1992), using Howard (1994) to determine whether a species is recorded from Uganda. The uses described are not necessarily known from Uganda, since the source lists uses of species from throughout Africa. Furthermore, inclusion in this list does not imply that the plant is edible in its raw form: many are famine foods, or require careful preparation to remove poisons.

Zamiaceae			
<i>Encephalartos hildebrandti</i>	Fruit-pulp, trunk-pith		
Aloaceae			
<i>Aloe schweinfurthii</i>	Nectar		
Asparagaceae			
<i>Asparagus flagellaris</i>	Shoot, root		
Palmae			
<i>Borassus aethiopum</i>	Fruit-pulp, seed, Terminal leaf-bud, sap		
<i>Calamus deeratus</i>	Terminal leaf-bud		
<i>Elaeis guineensis</i>	Fruit-pulp, kernel, terminal leaf-bud		
<i>Phoenix reclinata</i>	Fruit, terminal leaf- bud, sap		
Smilacaceae			
<i>Smilax anceps</i>	Root		
Acanthaceae			
<i>Justicia flava</i>	Leaf		
<i>Whitfieldia elongata</i>	Nut		
Anacardiaceae			
<i>Antrocaryon micraster</i>	Fruit-pulp, kernel		
<i>Lannea barteri</i>	Fruit		
<i>Lannea edulis</i>	Fruit		
<i>Lannea fulva</i>	Fruit		
<i>Lannea schimperi</i>	Fruit		
<i>Lannea schweinfurthii</i>	Fruit, bark		
<i>Lannea triphylla</i>	Root		
<i>Pistacia aethiopica</i>	Bark		
<i>Pseudospondias microcarpa</i>	Fruit		
<i>Rhus longipes</i>	Fruit		
<i>Rhus natalensis</i>	Fruit, bark		
<i>Rhus ruspolii</i>	Fruit		
<i>Rhus vulgaris</i>	Fruit		
<i>Sclerocarya birrea</i>	Fruit-pulp, kernel		
Annonaceae			
<i>Annona senegalensis</i>	Fruit		
<i>Hexalobus monopetalus</i>	Fruit		
<i>Monodora myristica</i>	Seed		
<i>Uvaria scheffleri</i>	Fruit		
<i>Uvaria welwitschii</i>	Fruit		
Apocynaceae			
<i>Carissa edulis</i>	Fruit		
<i>Landolphia buchananii</i>	Fruit		
<i>Voacanga thouarsii</i>	Fruit		
Aquifoliaceae			
<i>Ilex mitis</i>	Fruit, root, bark		
Araliaceae			
<i>Cussonia arborea</i>		Fruit	
<i>Cussonia spicata</i>		Fruit, root	
Asclepiadaceae			
<i>Calotropis procera</i>		Flowering shoots	
<i>Cryptolepis oblongifolia</i>		Leaf	
Balanitaceae			
<i>Balanites aegyptiaca</i>		Fruit-pulp, kernel	
<i>Balanites pedicellaris</i>		Fruit	
<i>Balanites wilsoniana</i>		Fruit	
Berberidaceae			
<i>Berberis holstii</i>		Fruit	
Bignoniaceae			
<i>Kigelia africana</i>		Fruit-pulp, seed, bark	
<i>Spathodea campanulata</i>		Fruit, flower	
Bombacaceae			
<i>Bombax buonopozense</i>		Immature fruit, leaf, flower	
Boraginaceae			
<i>Cordia africana</i>		Fruit	
<i>Cordia monoica</i>		Fruit	
<i>Ehretia cymosa</i>		Fruit, stem	
Burseraceae			
<i>Boswellia neglecta</i>		Gum	
<i>Canarium schweinfurthii</i>		Fruit-pulp, seed	
<i>Commiphora africana</i>		Fruit, leaf, stem, root- pith, bark, gum	
<i>Commiphora samharensis</i>		Bark	
<i>Commiphora schimperi</i>		Root	
Canellaceae			
<i>Warburgia ugandensis</i>		Fruit	
Capparidaceae			
<i>Boscia angustifolia</i>		Fruit-pulp, seed, leaf, bark	
<i>Boscia coriacea</i>		Fruit	
<i>Boscia salicifolia</i>		Leaf, bark, fruit	
<i>Cadaba farinosa</i>		Leaf, stem	
<i>Capparis erythrocarpos</i>		Fruit	
<i>Capparis fascicularis</i>		Fruit	
<i>Crateva adansonii</i>		Fruit, leaf	
<i>Maerua crassifolia</i>		Fruit	
<i>Maerua pseudopetalosa</i>		Fruit, root	
Cecropiaceae			
<i>Musanga cecropioides</i>		Fruit, wood-ash	
<i>Myrianthus arboreus</i>		Fruit-pulp, leaf	
<i>Myrianthus holstii</i>		Fruit	

Appendix 2. Some edible woody plants found in Uganda

Celastraceae			
<i>Cassine aethiopica</i>	Fruit	<i>Acacia polyacantha</i>	Gum
<i>Maytenus heterophylla</i>	Aril	<i>Acacia reficiens</i>	Gum
<i>Maytenus senegalensis</i>	Root	<i>Acacia senegal</i>	Gum
Chrysobalanaceae		<i>Acacia seyal</i>	Gum, bark
<i>Parinari curatellifolia</i>	Fruit-pulp, kernel	<i>Acacia tortilis</i>	Pod, leaf, gum, bark
<i>Parinari excelsa</i>	Fruit-pulp, kernel	<i>Azelia africana</i>	Aril, imm. seed
Clusiaceae		<i>Albizia anthelmintica</i>	Leaf
<i>Garcinia buchananii</i>	Fruit	<i>Albizia zygia</i>	Leaf
<i>Garcinia livingstonei</i>	Fruit, leaf	<i>Burkea africana</i>	Gum
<i>Harungana madagascariensis</i>	Fruit	<i>Canthormion altissimum</i>	Pulp, seed
<i>Mammea africana</i>	Fruit-pulp, seed	<i>Cordyla richardii</i>	Fruit
Combretaceae		<i>Crotalaria cleomifolia</i>	Leaf
<i>Combretum aculeatum</i>	Seed	<i>Crotalaria natalitia</i>	Leaf, flower
<i>Combretum collinum</i>	Fum	<i>Crotalaria recta</i>	Flower
<i>Combretum hereroense</i>	Fruit, leaf, gum	<i>Dalbergia melanoxyylon</i>	Leaf
<i>Combretum molle</i>	Root	<i>Daniellia oliveri</i>	Seed, gum
<i>Combretum mossambicense</i>	Fruit	<i>Delonix elata</i>	Seed
<i>Combretum racemosum</i>	Leaf	<i>Dichrostachys cinerea</i>	Leaf, gum
<i>Terminalia brownii</i>	Fruit	<i>Erythrina abyssinica</i>	Root
<i>Terminalia glaucescens</i>	Root	<i>Indigofera arrecta</i>	Root
<i>Terminalia spinosa</i>	Bark	<i>Parkia filicoidea</i>	Pulp, seed
Compositae		<i>Piliostigma thonningii</i>	Pod, seed, leaf
<i>Vernonia adoensis</i>	Root	<i>Prosopis africana</i>	Seed
<i>Vernonia amygdalina</i>	Leaf, stem, root	<i>Pterolobium stellatarum</i>	Leaf
<i>Vernonia colorata</i>	Leaf, stem	<i>Sesbania sesban</i>	Fruit, leaf, flower
Convolvulaceae		<i>Tamarindus indica</i>	Pod, seed, leaf, flower
<i>Ipomoea longituba</i>	Root	<i>Tetrapluera tetraptera</i>	Fruit-pulp
<i>Ipomoea spathulata</i>	Root	Loganiaceae	
<i>Ipomoea verbascoidea</i>	Root	<i>Strychnos innocua</i>	Fruit-pulp
Dichapetalaceae		<i>Strychnos spinosa</i>	Fruit-pulp
<i>Dichapetalum madagascariense</i>	Fruit-pulp	<i>Strychnos usambarensis</i>	Fruit
Ebenaceae		Malvaceae	
<i>Diospyros kirkii</i>	Fruit	<i>Hibiscus cannabinus</i>	Fruit, leaf, flower, gum, bark
<i>Diospyros mespiliformis</i>	Fruit-pulp, seed	<i>Hibiscus rostellatus</i>	Leaf
<i>Euclea divinorum</i>	Fruit, leaf	<i>Sida ovata</i>	Leaf
Euphorbiaceae		Meliaceae	
<i>Acalypha bipartita</i>	Leaf	<i>Ekebergia capensis</i>	Fruit
<i>Acalypha racemosa</i>	Leaf	<i>Trichilia dregeana</i>	Aril
<i>Antidesma membranaceum</i>	Fruit	<i>Trichilia emetica</i>	Aril
<i>Antidesma venosum</i>	Fruit	Monimiaceae	
<i>Bridelia micrantha</i>	Fruit	<i>Xymalos monospora</i>	Fruit
<i>Bridelia scleroneura</i>	Fruit	Moraceae	
<i>Drypetes gerrardii</i>	Fruit	<i>Ficus spp.</i>	Fruit
<i>Erythrococca atrovirens</i>	Pod	<i>Ficus glumosa</i>	Fruit, leaf
<i>Erythrococca bongensis</i>	Leaf	<i>Ficus mucoso</i>	Fruit, leaf
<i>Erythrococca fischeri</i>	Leaf	<i>Ficus ovata</i>	Bark
<i>Flueggia virosa</i>	Fruit	<i>Ficus stuhlmannii</i>	Fruit, leaf
<i>Hymenocardia acida</i>	Fruit, shoot	<i>Ficus sur</i>	Fruit, leaf, root, bark
<i>Margaritaria discoidea</i>	Fruit	<i>Ficus sycomorus</i>	Fruit, leaf
<i>Phyllanthus muellerianus</i>	Fruit, leaf	<i>Ficus thonningii</i>	Fruit, leaf
<i>Phyllanthus reticulatus</i>	Fruit	<i>Morus mesozygia</i>	Fruit
<i>Riciodendron heudelotii</i>	Kernel	<i>Treculia africana</i>	Seed
<i>Tetrorchidium didymostemon</i>	Stem	<i>Trilepisium madagascariense</i>	Fruit
<i>Uapaca sansibarica</i>	Fruit	Myristicaceae	
Flacourtiaceae		<i>Pycnanthus angolensis</i>	Seed, aril
<i>Dovyalis abyssinica</i>	Fruit	Myrsinaceae	
<i>Dovyalis macrocalyx</i>	Fruit	<i>Embelia schimperi</i>	Fruit
<i>Flacourtia indica</i>	Fruit	Myrtaceae	
<i>Oncoba spinosa</i>	Fruit	<i>Syzygium cordatum</i>	Fruit
<i>Rawsonia lucida</i>	Fruit	<i>Syzygium guineense</i>	Fruit, root, bark
<i>Scolopia zeyheri</i>	Fruit	<i>Syzygium owariense</i>	Fruit
Irvingiaceae		Ochnaceae	
<i>Irvingia gabonensis</i>	Fruit-pulp, seed	<i>Lophira lanceolata</i>	Kernel
<i>Klainedoxa gabonensis</i>	Seed	<i>Ochna afzelii</i>	Fruit
Leeaceae		Oleaceae	
<i>Leea guineensis</i>	Fruit	<i>Ximenia americana</i>	Fruit-pulp, root
Leguminosae		<i>Ximenia caffra</i>	Fruit-pulp
<i>Acacia elatior</i>	Pod	Oleaceae	
<i>Acacia gerrardii</i>	Bark	<i>Jasminum abyssinicum</i>	Root
<i>Acacia hockii</i>	Bark, gum	Opiliaceae	
<i>Acacia kirkii</i>	Bark	<i>Opilia celtidifolia</i>	Fruit
<i>Acacia mellifera</i>	Pod, gum	Phytolaccaceae	
<i>Acacia nilotica</i>	Gum	<i>Phytolacca dodecandra</i>	Leaf

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Piperaceae			
<i>Piper capense</i>	Fruit		
Pittosporaceae			
<i>Pittosporum viridiflorum</i>	Fruit		
Polygalaceae			
<i>Carpobolia alba</i>	Fruit		
Proteaceae			
<i>Protea madiensis</i>	Nectar		
Rhamnaceae			
<i>Berchemia discolor</i>	Fruit		
<i>Rhamnus prinoides</i>	Fruit, root		
<i>Ziziphus abyssinica</i>	Fruit, leaf		
<i>Ziziphus mucronata</i>	Fruit		
<i>Ziziphus pubescens</i>	Fruit		
<i>Ziziphus spina-christi</i>	Fruit-pulp		
Rosaceae			
<i>Rubus apetalus</i>	Fruit		
<i>Rubus pinnatus</i>	Fruit		
<i>Rubus rigidus</i>	Fruit		
<i>Rubus steudneri</i>	Fruit		
<i>Rubus volkensii</i>	Fruit		
Rubiaceae			
<i>Canthium lactescens</i>	Fruit		
<i>Coffea canephora</i>	Seed		
<i>Coffea eugenoides</i>	Fruit		
<i>Coffea liberica</i>	Seed		
<i>Craterispermum schweinfurthii</i>	Bark		
<i>Euclinia longiflora</i>	Fruit-pulp		
<i>Gardenia erubescens</i>	Fruit		
<i>Gardenia ternifolia</i>	Fruit		
<i>Gardenia volkensii</i>	Fruit-pulp		
<i>Mussaenda arcuata</i>	Fruit		
<i>Mussaenda elegans</i>	Fruit		
<i>Mussaenda erythrophylla</i>	Root		
<i>Oxyanthus speciosus</i>	Stem		
<i>Pavetta crassipes</i>	Fruit, leaf		
<i>Rothmannia urcellifromis</i>	Fruit		
<i>Rutidea orientalis</i>	Fruit		
<i>Sherbournia bignoniiflora</i>	Fruit		
<i>Tricalysia coriacea</i>	Fruit		
<i>Vangueria apiculata</i>	Fruit		
Rutaceae			
<i>Clausena anisata</i>	Fruit		
<i>Toddalia asiatica</i>	Fruit		
Salvadoraceae			
<i>Salvadora persica</i>	Fruit-pulp, leaf, bark		
Sapindaceae			
<i>Allophylus africanus</i>	Fruit, leaf		
<i>Allophylus macrobotrys</i>	Leaf		
<i>Aphania senegalensis</i>	Fruit-pulp		
<i>Blighia unijugata</i>	Fruit		
<i>Deinbollia kilimandscharica</i>	Fruit		
<i>Lecaniodiscus cupanioides</i>	Fruit-pulp		
<i>Lecaniodiscus fraxinifolius</i>	Fruit		
<i>Pappea capensis</i>	Fruit, leaf		
<i>Zanha golungensis</i>	Fruit		
		Sapotaceae	
		<i>Afrosersalisia cerasifera</i>	Fruit
		<i>Aningeria adolphi-friedericii</i>	Fruit
		<i>Bequaertiodendron natalense</i>	Fruit
		<i>Chrysophyllum albidum</i>	Fruit-pulp
		<i>Chrysophyllum devevayi</i>	Fruit-pulp
		<i>Chrysophyllum perpulchrum</i>	Fruit
		<i>Chrysophyllum pruniforme</i>	Fruit
		<i>Mimusops bagshawei</i>	Fruit, bark
		<i>Mimusops kummel</i>	Fruit
		<i>Pachystela brevipes</i>	Fruit
		Solanaceae	
		<i>Solanum aethiopicum</i>	Fruit, leaf
		<i>Solanum dasyphyllum</i>	Fruit, leaf
		<i>Solanum giganteum</i>	Fruit
		<i>Solanum gilo</i>	Fruit
		<i>Solanum incanum</i>	Leaf
		Sterculiaceae	
		<i>Dombeya rotundifolia</i>	Fruit, stem
		<i>Sterculia setigera</i>	Seed, gum
		Thymelaeaceae	
		<i>Gnidia chrysantha</i>	Leaf
		<i>Peddiaea fischeri</i>	Fruit
		Tiliaceae	
		<i>Glyphaea brevis</i>	Stem, flower
		<i>Grewia bicolor</i>	Fruit
		<i>Grewia floribunda</i>	Fruit
		<i>Grewia mollis</i>	Fruit, shoot, flower, bark
		<i>Grewia pubescens</i>	Fruit-pulp
		<i>Grewia similis</i>	Fruit
		<i>Grewia tenax</i>	Fruit
		<i>Grewia trichocarpa</i>	Fruit
		<i>Grewia villosa</i>	Fruit
		<i>Sparmannia ricinocarpa</i>	Leaf
		<i>Triumfetta annua</i>	Leaf
		<i>Triumfetta cordifolia</i>	Leaf
		<i>Triumfetta rhomboidea</i>	Leaf, root
		Ulmaceae	
		<i>Celtis integrifolia</i>	Fruit, leaf
		<i>Celtis wightii</i>	Leaf
		<i>Chaetacme aristata</i>	Fruit
		<i>Trema orientalis</i>	Leaf
		Verbenaceae	
		<i>Lantana trifolia</i>	Fruit
		<i>Vitex amboniensis</i>	Fruit
		<i>Vitex doniana</i>	Fruit
		Violaceae	
		<i>Rinorea ilicifolia</i>	Fruit

APPENDIX 3

SOME MEDICINAL WOODY PLANTS FOUND IN UGANDA

The following list has been compiled from Iwu (1993), using Howard (1994) to determine whether a species is recorded from Uganda. The uses described are not necessarily known from Uganda, since the source lists uses of species from throughout Africa. The plant name is followed by the main medicinal uses and the parts of the plant used.

Acanthaceae

<i>Acanthus montanus</i>	Gastrointestinal disorders, laxative	Leaves
<i>Justicia flava</i>	Diarrhoea, dysentery, fevers, yaws	Leaves
<i>Lankesteria elegans</i>	Venereal diseases, coughs, bronchitis	Leaves
<i>Thunbergia erecta</i>	Febrifuge, wound dressings	Leaves
<i>Whitfieldia elongata</i>	Skin diseases, snake bite, love potion	Seeds, stem

Agavaceae

<i>Dracaena fragrans</i>	Topic fever remedy, anti-infective, anti-inflammatory	Fruits, leaves
<i>Dracaena laxissima</i>	Venereal diseases, skin eruptions	Roots

Anacardiaceae

<i>Lankea schweinfurthii</i>	Pain relief, tonic, anti-fungal	Leaves, fruits
<i>Rhus vulgaris</i>	Diarrhoea, wound dressings	Leaves, fruits

Annonaceae

<i>Annona senegalensis</i>	Wound healing, chest colds, diarrhoea, dysentery	Gum, roots
<i>Cleistopholis patens</i>	Haemostatic agent for fresh wounds	Exudate from leaves
<i>Hexalobus monopetalus</i>	Fevers, mouth infections, inflammation	Stem bark, roots
<i>Monodora myristica</i>	Carminative, anti-parasitic	Fruits, leaves
<i>Uvaria angolensis</i>	Liver disorders, tonic, skin diseases	Stem bark, roots
<i>Xylopiya aethiopica</i>	Carminative, restorative after childbirth, analgesic	Fruits, whole plant
<i>Xylopiya parviflora</i>	Skin infections, colds	Stem bark, fruits
<i>Xylopiya staudtii</i>	Headache, colds, sinus decongestant	Stem bark, fruits

Apocynaceae

<i>Acokanthera schimperi</i>	Weak infusion for syphilis, arrow poison	Stem bark, roots
<i>Alstonia boonei</i>	Fevers, tumours, aphrodisiac	Roots, stem bark
<i>Carissa edulis</i>	Toothache, tonic, aphrodisiac	Leaves, root, latex
<i>Funtumia africana</i>	Wound/burn dressing, incontinence, urethritis	Leaves, roots
<i>Funtumia elastica</i>	Male impotence, tonic, haemorrhoids, skin infections	Stem, twigs
<i>Picralima nitida</i>	Malaria, sleeping sickness, local analgesic, arthritis, cough, aphrodisiac, diabetes	Seeds, stem, roots
<i>Plumeria rubra</i>	Laxative, fevers, skin diseases	Leaves, roots, latex
<i>Rauvolfia vomitoria</i>	Fevers, sedative in maniac syndromes, emetic	Roots, stem, leaves
<i>Tabernaemontana holstii</i>	Local pains, fevers	Roots, fruits
<i>Voacanga africana</i>	Diuretic, infant tonic and convulsion prophylaxis	Root, stem bark

Asclepiadaceae

<i>Calotropis procera</i>	Externally as embrocation, latex as purgative, juice from leaves used for headaches and catarrh, conjunctivitis, skin diseases, wound dressing, roots used for venereal diseases	Leaves, latex, roots
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Balanitaceae		
<i>Balanites aegyptiaca</i>	Tonic, anti-parasitic, fevers, fish poison , abortifacient, molluscicide	Fruits, roots, stem
<i>Balanites wilsoniana</i>	Emenagogue, anthelmintic, fevers, anti-inflammatory	Fruits, leaves
Bignoniaceae		
<i>Kigelia africana</i>	Dysentery, constipation, wound dressing, boils	Roots, stem, leaves
<i>Markhamia platycalyx</i>	Fevers, flu, anti-microbial, coughs, conjunctivitis, stomachic	Leaves, roots
<i>Spathodea campanulata</i>	Fevers, wound dressing, constipation, gastrointestinal disorders	Stem, leaves
<i>Stereosp. kunthianum</i>	Skin eruptions, venereal diseases, wound dressing, cough	Stem bark, pods
Bombacaceae		
<i>Bombax buonopozense</i>	Venereal diseases, constipation, anti-viral	Leaves
<i>Ceiba pentandra</i>	Stimulant, laxative	Roots, leaves
Boraginaceae		
<i>Cordia africana</i>	Tonic for fatigue and exhaustion	Stem bark
<i>Ehretia cymosa</i>	Dysentery, infantile convulsion, bath for fevers, laxative	Roots, leaves, juice
Burseraceae		
<i>Canarium schweinfurthii</i>	Coughs, exudate for venereal diseases	Fruits, stem bark
<i>Commiphora africana</i>	Stem chewsticks, stomachic, carminative, colds	Exudate, leaves
Canellaceae		
<i>Warburgia ugandensis</i>	Flu, fevers, pains, stomach ache, gastrointestinal disorders	Stem bark, roots
Capparidaceae		
<i>Cadaba farinosa</i>	Anti-viral, analgesic	Leaves
<i>Crataeva adansonii</i>	Ear-ache, analgesic, wound dressing	Roots, stem bark
<i>Euadenia eminens</i>	Aphrodisiac, ear-ache, conjunctivitis	Seeds, roots
<i>Maerua angolensis</i>	Local pain relief, oral hygiene	Stem
<i>Maerua triphylla</i>	Ear-ache, fevers, anti-infective	Leaves, fruits
Celastraceae		
<i>Catha edulis</i>	Stimulant, anti-depressant	Leaves
<i>Maytenus heterophylla</i>	Viral infections, anti-inflammatory	Leaves, roots
<i>Maytenus senegalensis</i>	Dysentery, colic, anti-microbial	Roots, leaves
Combretaceae		
<i>Combretum molle</i>	Anthelmintic, abortifacient, stomach ache, wound dressing, fevers, colic	Leaves
Compositae		
<i>Vernonia amygdalina</i>	Stomachic, febrifuge, cough, anti-septic	Leaves, stem bark
<i>Vernonia auriculifera</i>	Fevers, medicinal container, tonic	Leaves
<i>Vernonia conferta</i>	Cough, stomach ache, anti-parasitic	Leaves, stem
Cycadaceae		
<i>Encephalartos barteri</i>	Rituals, burial rites, fruits anti-viral	Whole plant, fruits
Ebenaceae		
<i>Diospyros mespiliformis</i>	Fevers, dysentery, skin eruptions, root used as abortifacient, leprosy, vermifuge	Leaves, roots, bark
Ericaceae		
<i>Agauria sailicifolia</i>	Vermifuge, local pain remedy, haemostatic	Leaves
Euphorbiaceae		
<i>Alchornea cordifolia</i>	Malaria mixtures, skin infections, purgative	Roots, leaves
<i>Anti-desma membranaceum</i>	Fevers, treatment of threatened abortion, stomach ache	Leaves

Appendix 3. Some medicinal woody plants found in Uganda

<i>Bridelia micrantha</i>	Cough, laxative, diabetes	Leaves, stem bark
<i>Clusia abyssinica</i>	Anti-viral, anti-pyretic, analgesic	Leaves
<i>Croton dichogamus</i>	Anti-viral, anti-pyretic	Leaves
<i>Discoglyprena caloneura</i>	Purgative, abortion, poisoning	Seeds
<i>Elaeophorbia drupifera</i>	Local pain relief, purgative, scorpion bite	Latex, leaves
<i>Euphorbia candelabrum</i>	Application for eye tumours, solvent for arrow poison	Latex, leaves
<i>Mallotus oppositifolius</i>	Dysentery, haemorrhage	Leaves, fruits
<i>Margaritaria discoideus</i>	Fevers, coughs, inflammatory diseases	Root bark
<i>Microdesmis puberula</i>	Emmenagogue, threatened abortion, diarrhoea, aphrodisiac, skin eruptions	Leaves, whole plant
<i>Ricinodendron heudelotii</i>	Purgative, guinea worm extraction	Latex, leaves
<i>Ricinus communis</i>	Purgative, wound dressing, lactation	Seed, leaves
<i>Synadenium grantii-i</i>	Ear-ache remedy, leprosy, fevers	Roots, leaves
<i>Tetrorchidium didymostemon</i>	Purgative, fevers, oedema	Stem bark, leaves
<i>Uapaca paludosa</i>	Bronchitis, coughs, parasitic skin diseases, male impotence	Stem bark, roots
Flacourtiaceae		
<i>Flacourtia indica</i>	Cough, headache, skin diseases	Leaves, fruits
<i>Oncoba spinosa</i>	Colds, fever, female infertility	Fruits, leaves
Hamamelidaceae		
<i>Trichocladus ellipticus</i>	Indigestion, laxative, anti-inflammatory	Stem bark
Hypericaceae		
<i>Allanblackia kimbiliensis</i>	Local pain relief, cosmetics application, anti-viral	Fruits, leaves
<i>Garcinia livingstonei</i>	Coughs, fevers, parasitic diseases	Fruits, stem
<i>Harungana madagascariensis</i>	Acute stomach and toothaches, dysentery, haemorrhoids	Leaves, roots, stem
<i>Mammea africana</i>	Fevers, skin infections, diarrhoea, bronchitis	Fruit, leaves, bark
<i>Psorospermum febrifugum</i>	Leprosy, skin diseases, mouth infections	Roots
Irvingiaceae		
<i>Irvingia gabonensis</i>	Leaf decoction for fevers	Fruit rind, roots
Leeaceae		
<i>Leea guineensis</i>	Anti-infective, analgesic, anti-diabetic, aphrodisiac	Leaves, roots
Leguminosae		
<i>Acacia albida</i>	Childbirth, fevers, coughs, diarrhoea	Leaves, fruits
<i>Acacia senegal</i>	Dysentery, diarrhoea, gonorrhoea, anti-inflammatory	Fruits, bark, latex
<i>Albizia adianthifolia</i>	Filariasis, anodyne	Stem, fruits
<i>Albizia anthelmintica</i>	Fevers, skin diseases	Stem bark
<i>Cassia sieberiana</i>	Laxative, febrifuge	Leaves
<i>Daniellia oliveri</i>	Tonic, fevers	Stem bark, leaves
<i>Dichrostachys cinerea</i>	Analgesic, anti-viral	Fruits, leaves
<i>Entada abyssinica</i>	Hypotensive, analgesic	Leaves
<i>Erythrina abyssinica</i>	Anti-microbial, toothache, hepatitis	Leaves, stem bark
<i>Erythrina mildbraedii</i>	Muscular pains, sore throat	Leaves, fruits
<i>Erythrophleum suaveolens</i>	Rodenticide, local analgesic, poisoning	Leaves, stem bark
<i>Leptoderris fasciculata</i>	Cough remedy, dysentery, hiccup	Bark
<i>Parkia filicoidea</i>	Ointment for inflammation, eyewash, astringent	Fruits, leaves
<i>Piptadeniastrum africanum</i>	Aphrodisiac, tonic, enaema, urethritis, abortifacient	Fruits, leaves
<i>Prosopis africana</i>	Anxiety states, analgesic	Leaves
<i>Sesbania sesban</i>	Local application for inflammation, increased lactation in cows, stomachic	Leaves
<i>Tamarindus indica</i>	Tonic, cardiac disorders, laxative, fevers	Leaves, fruits
<i>Tetrapleura tetraptera</i>	Flatulence, jaundice, fevers, convulsions	Fruits, whole plant
Liliaceae		
<i>Asparagus racemosus</i>	Anti-inflammatory, diuretic, laxative	Leaves, fruits

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Loganiaceae

<i>Anthocleista vogelli</i>	Anti-inflammatory, anti-diabetes, wound dressing, venereal diseases	Stem bark, leaves
<i>Nuxia floribunda</i>	Fevers, cough, indigestion, influenza, infantile convulsions, rituals	Leaves
<i>Strychnos spinosa</i>	Fruit used as tonic, fevers, wound dressing	Fruits, leaves
<i>Strychnos usambarensis</i>	Local pain relief, tonic	Stem bark, leaves

Malvaceae

<i>Sida rhombifolia</i>	Demulcent, emollient, phthisis, snake bite	Whole plant, leaves
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Meliaceae

<i>Ekebergia senegalensis</i>	Bronchitis, fevers, urinary tract infections, epilepsy, fish poison	Roots, leaves
<i>Entandrophragma utile</i>	Diabetes, dressing of chronic sores	Stem bark
<i>Guarea cedrata</i>	Fevers, haemorrhoids	Stem bark
<i>Khaya senegalensis</i>	Malaria, vermifuge	Leaves, stem bark
<i>Trichilia roka</i>	Anti-parasitic, tonic, anti-epileptic	Stem bark, roots
<i>Trichilia heudelottii</i>	Febrifuge, diuretic, aphrodisiac, cardiac	Stem, roots, leaves
<i>Trichilia prieureana</i>	Gonorrhoea, fevers, enaema	Stem bark
<i>Turraea robusta</i>	Fevers, diarrhoea	Stem
<i>Turraea vogelii</i>	Filariasis, tonic, rituals	Leaves, stem, fruits

Melanthaceae

<i>Bersama abyssinica</i>	Fever, general body pain, headache	Root
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Moraceae

<i>Ficus asperifolia</i>	Cough, haemorrhoids, urethral anti-septic, fever	Leaves, fruits
<i>Ficus exasperata</i>	Cough, venereal diseases	Leaves
<i>Ficus natalensis</i>	Pains, venereal diseases	Fruits, leaves
<i>Ficus thonningii</i>	Bronchitis, urinary tract infection	Leaves, fruits
<i>Milicia excelsa</i>	Tonic, inflammation	Roots, leaves, fruit
<i>Musanga cecropioides</i>	Facilitates childbirth, emmenagogue, fevers, abortifacient	Leaves, stem
<i>Myrianthus arboreus</i>	Dysentery, skin infections, anthelmintic	Leaves, root, stem
<i>Treculia africana</i>	Laxative, chronic cough, skin infections, anthelmintic	Fruits, leaves

Moringaceae

<i>Moringa oleifera</i>	Poultice for inflammation, gonorrhoea	Roots, leaves
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Myristicaceae

<i>Pycnanthus angolensis</i>	Skin diseases, mouth sores, fevers	Seed fat, stem bark
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Myrsinaceae

<i>Embelia schimperi</i>	Anti-spasmodic, anthelmintic, stomach disorders	Leaves, stem bark
<i>Myrsine africana</i>	Chest pains, anthelmintic, arthritis	Fruits

Myrtaceae

<i>Syzygium guineense</i>	Carminative, tonics after childbirth, abdominal pain	Buds, fruits
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Ochnaceae

<i>Lophira lanceolata</i>	Fevers, anti-viral, anti-inflammatory, venereal infections	Stem bark, roots
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Olacaceae

<i>Ximenia caffra</i>	Conjunctivitis, syphilis, toothache, headache, malaria, sleeping sickness, purgative, abscess	Roots, stem, leaves
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Oleaceae

<i>Jasminum dichotomum</i>	Wound dressing, parasitic skin infection, fever	Leaves, berries
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Opiliaceae

<i>Opilia celtidifolia</i>	Fever, flu, analgesic, anthelmintic, sleeping sickness, diuretic, purgative, psychiatry	Roots, leaves
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Appendix 3. Some medicinal woody plants found in Uganda

Palmae		
<i>Borassus aethiopicum</i>	Bronchial complaints, coughs, asthma	Fruits, sap
<i>Elaeis guineensis</i>	Root analgesic, leaves anti-bacterial	Leaves, roots, fruits
<i>Phoenix reclinata</i>	Tonic drink, thorn ingredient in remedy for pleurodynia and pleurisy	Sap, juice
Passifloraceae		
<i>Barteria nigritana</i>	Fevers, aches, stomach disorders	Leaves, fruits
Phytolaccaceae		
<i>Phytolacca duodecandra</i>	Sponges, fish poison, purge teniafuge	Fruits, leaves
Piperaceae		
<i>Piper capensis</i>	Coughs, anthelmintic, fevers, insecticide	Leaves, fruits
Pittosporaceae		
<i>Pittosporum viridiflorum</i>	Emetic, chest complaints, malaria	Stem bark
Plumbaginaceae		
<i>Plumbago zeylanica</i>	Parasitic skin diseases, haemorrhoids, fevers, anthelmintic, vesicant, abortifacient, anti-inflammatory	Root, leaves, stem
Polygalaceae		
<i>Carpabolia alba</i>	Cough, indigestion, tapeworm, syphilis, purgative	Leaves, stem bark
Proteaceae		
<i>Faurea saligna</i>	Fevers, diarrhoea	Leaves, stem
Rhamnaceae		
<i>Maesopsis eminii</i>	Bronchitis, mouth sores, venereal diseases	Leaves, stem bark
<i>Zizyphus mucronata</i>	Tonic, colds, anti-pyretic	Fruits, leaves
<i>Zizyphus mauritiana</i>	Carminative, colds, diarrhoea	Leaves, fruits, stem
Rhizophoraceae		
<i>Alangium chinense</i>	Mental illness, coughs	Leaves, fruits
Rosaceae		
<i>Hagenia abyssinica</i>	Diarrhoea, fevers, wound dressing	Leaves
<i>Parinari excelsa</i>	Diarrhoea, dysentery, tonic, wound dressing	Stem, fruit
<i>Prunus africana</i>	Inflammation, prostate gland and kidney diseases	Roots, stem
<i>Rubus pinnatus</i>	Gum bleeding, diarrhoea	Roots
Rubiaceae		
<i>Aidea micrantha</i>	Skin diseases, fevers, parasitic infections	Stem bark, roots
<i>Canthium rubrocostatum</i>	General tonic, coughs, influenza, vermifuge	Roots, fruits
<i>Crossopteryx febrifuga</i>	Anti-pyretic, anti-viral	Roots, stem bark
<i>Feretia apondanthera</i>	Sedative, pain, anti-pyretic	Roots, stem bark
<i>Gardenia erubescens</i>	Venereal diseases, cosmetic applications, tonic, aphrodisiac	Fruit
<i>Hallea stipulosa</i>	Malaria, fevers, skin diseases, venereal infections	Roots, stem bark
<i>Morinda lucida</i>	Anti-malarial, fevers, pains	Roots, leaves
<i>Mussaenda elegans</i>	Colds, anti-pyretic, gonorrhoea	Roots
<i>Nauclea diederrichii</i>	Malaria, febrifuge	Roots, stem bark
<i>Nauclea latifolia</i>	Fever teas, malaria, inflammation	Roots, stem bark
<i>Oxyanthus speciosus</i>	Fevers, teeth cleaning	Stem, flowers
<i>Rothmannia whitfieldii</i>	Dysmenorrhoea, check perspiration, dye	Fruits, roots
<i>Rothmannia longiflora</i>	Cosmetic paint, measles, jaundice	Fruits, leaves
<i>Uncaria africana</i>	Cough, aphrodisiac	Stem bark, roots
Rutaceae		
<i>Clausena anisata</i>	Fever, headache	Roots, leaves
<i>Zanthoxylum chalybeum</i>	Stomach ache, skin infections, general pain relief	Roots, twigs
<i>Zanthoxylum gillettii</i>	Toothache, chewing stick, fevers, bacterial infections	Roots, stem, leaves

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<i>Zanthoxylum rubescens</i>	Urinary anti-septic, venereal diseases, mouth infections	Roots, stem bark
<i>Toddalia asiatica</i>	Fevers, inflammation, cough, insect bites	Leaves, roots
Salicaceae		
<i>Salix subserrata</i>	Body pains, anti-infective	Leaves
Salvadoraceae		
<i>Azima tetracantha</i>	Snake bite, wound dressing, body pains	Roots
<i>Salvadora persica</i>	Tooth cleaning, venereal diseases, catarrh	Stem, root bark
Santalaceae		
<i>Osyris abyssinica</i>	Wound dressing, galactagogue, menorrhoea, infertility, venereal diseases	Leaves, roots
Sapindaceae		
<i>Allophyllus africanus</i>	Diarrhoea, arthritis, headache, nasal congestion, anthelmintic, colic, infantile fevers, haemorrhoids, lactation induction	Fruits, leaves, root
<i>Blighia unijugata</i>	Haemostatic, especially in childbirth, anthelmintic, tonic, fish poison	Roots, pods, leaves
<i>Dodonaea viscosa</i>	Febrifuge, cough	Fruits, leaves
<i>Lecaniodiscus cupanioides</i>	Fevers, hepatomegaly, dressing for burns, measles	Leaves, root, stem
Sapotaceae		
<i>Bequaertiodendron natalense</i>	Abdominal pains, tonic	Roots
<i>Butyrospermum paradoxum</i>	Emolient, rheumatic aches, facilitates childbirth, headache, eye bath	Seed fat, leaves
<i>Chrysophyllum albidum</i>	Anti-emetic, anti-malarial, anti-diarrhoeal	Fruits
<i>Pachystela brevipes</i>	Jaundice, nausea	Fruits, stem bark
Simaroubaceae		
<i>Brucea anti-dysenterica</i>	Diarrhoea, dysentery, parasitic skin diseases	Leaves
<i>Harrisonia abyssinica</i>	Fevers, general pain relief, dyspnea	Leaves, roots
<i>Harrisonia occidentalis</i>	Skin diseases, laxative	Root bark
Solanaceae		
<i>Solanum incanum</i>	Skin diseases, fevers, stomach ache, expulsion of placenta	Fruits, leaves, root
Sterculiaceae		
<i>Dombeya rotundifolia</i>	Syphilis, rituals	Stem root
<i>Sterculia rynchocarpa</i>	Stomach ache, fevers	Stem bark
Tiliaceae		
<i>Glyphaea brevis</i>	Vermifuge, venereal diseases, aphrodisiac, analgesic, indigestion	Fruit, juice, root
<i>Grewia bicolor</i>	Sedative, insanity, anti-infective	Roots
<i>Grewia mollis</i>	Wound dressing, sweetening agent	Stem bark, leaves
<i>Triumfettia cordifolia</i>	Dysentery, diarrhoea, fevers	Leaves
Ulmaceae		
<i>Celtis wightii</i>	Diarrhoea	Roots
<i>Trema orientalis</i>	Cough, bronchial congestion, asthma, anthelmintic, anti-spasmodic, female infertility	Stem bark, leaves
Umbelliferae		
<i>Steganotaenia araliaceae</i>	Carminative, toothache, diarrhoea, abortifacient, sore throat, asthma, colds	Leaves, fruits, roots, stem
Verbenaceae		
<i>Clerodendrum myricoides</i>	Analgesic, anti-pyretic	Leaves
<i>Duranta repens</i>	Anti-fungal, skin diseases, insecticide	Fruit juice
<i>Vitex doniana</i>	Cough, skin infections	Leaves, fruits
Vitaceae		
<i>Cissus quadrangularis</i>	Anti-viral, analgesic	Leaves

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